



*[Dr. Charles Ramsey, SPEAKER]*

Dr. Ramsey began his career in Dental Medicine in 1988 with most of his 30 years spent at his practice in Byram, MS. In 2011, a life-altering condition changed his professional path. Returning to the School of Dentistry as an Assistant Clinical Professor gave him many new perspectives. One such perspective was the reality of many people seeking a diagnosis and relief of symptoms were often coming up empty in their pursuit. Along with treating pain, Dr. Ramsey also narrowed his focus of care to Dental Sleep Medicine. Today he leads a great practice in both and is passionate about getting his patients fully recovered and restoring their quality of life.

Having passed the board exam, Dr. Ramsey is now a Diplomate of the American Board of Dental Sleep Medicine (ABDSM), which is the gold standard in dental sleep medicine. The ABDSM is an independent, nonprofit, self-designated board certifying licensed dentists who treat sleep related breathing disorders. The American Academy of Sleep Medicine (AASM-physicians organization) exclusively recognizes the dental sleep medicine Diplomate certification granted by the ABDSM.

Dr. Ramsey has been inducted into the American College of Dentists. A very prestigious achievement as only 3.5% of dentists are invited to become a fellow.

MDA District II Dental Society  
Attn: Dr. Amanda Roberts  
201 W. Sunflower Road  
Cleveland, MS 38732



## Mississippi Dental Association District II Meeting

February 16, 2024

**“Orofacial Pain Management and  
Dental Sleep Medicine Update 2024”**

## Course Synopsis

### " Orofacial Pain Management and Dental Sleep Medicine Update 2024"

About 20% of the US population live with chronic pain. Roughly 8% experience high impact pain, leaving them frequently debilitated. Dr. Jeff Okeson says that about 30% of the United States population will experience orofacial pain at some point in their lifetime. He also states that every 6th patient who enters a general dental practice is there because of pain. We also know that about 20% of adults and 25% of teenagers in this nation experience anxiety. And according to the Sleep Foundation about 50 to 70 million Americans experience insomnia.

Does this information influence our evaluation of patients as dental health providers? Could this knowledge influence our outcome expectations? Can the dental community be a part of the solution?

#### Learning Objectives

Through case presentations and academic evidence, attendees will have improved knowledge of the following:

- 1) The definition, scope, and prevalence of Orofacial Pain
- 2) The TRIAD that exists between chronic pain, mood disorders, and sleep disorders.
- 3) Diagnosing and treatment options for Temporomandibular Disorders.
- 4) The definition, scope, and prevalence of Myofascial Pain Syndrome with emphasis on trigger point injections.
- 5) The dental professional's role in recognizing the signs and symptoms of Obstructive Sleep Apnea and possible involvement in care.



**Cypress Hall**  
**4036 Robertson Gin Rd**  
**Hernando, MS 38632**

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*Advancing our profession, one  
conference at a time. Join us at the  
MDA District II Annual Meeting  
February 16, 2024!*

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#### Continuing Education Credit

The business meeting is approved for 2 CE hours credit (dentist only) and the lectures for 4 CE hours.

A document stating the credit hours earned will be presented at the end of the business meeting and again following the lecture.

## Schedule of Events

**7:45am – 10:00am Registration**  
**8:00am – 10:00am Business Meeting**  
**10:00am – 12:00pm CE Presentation**  
**10:00am – 3:00pm Visit Vendors**  
**12:00pm – 1:00pm Lunch**  
**1:00pm – 3:00pm CE Presentation Cont.**

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

\_\_\_\_ Member Dentist \$175

\_\_\_\_ Non-Member Dentist \$200

\_\_\_\_ Dental Hygienist \$75

\_\_\_\_ Dental Team Member \$50

\_\_\_\_ Vendor \$150 (includes lunch for 2 representatives)

Total Enclosed: \$ \_\_\_\_\_

Please submit payment and make checks payable to:

MDA District II Dental Society  
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Cleveland, MS 38732

Registration and payment must be received by January 31, 2024 for pre-registration discount. A \$25 late fee will be added to all payments received after January 31, 2024 and for on-site registration.